

# Your Heritage Toolkit

Are you ready to start recording your memories? Let's go!

## Step 1: Set Up Your Workspace

The first step is setting up a workspace. Any table and chair will work. Aim for:

- A space with enough light, ideally indirect sunlight.
- A place that is comfortable.
- A space that is safe from sudden wind gusts or rain from a nearby window.
- If you are recording your voice, try to find a place that isn't too noisy.
- A place with enough space for the materials you are working on.

## Step 2: Gather Your Tools

Next, pull together the tools you will be using. Here are a few examples:

- If you have a scanner and computer, this is usually the way to get the best quality digital copies of photos and papers.
- If you have a good camera or videocamera, use that in your documentation.
- If you don't have any special equipment, use your phone as a camera.
- Take notes on your computer, with pen and paper, or just record your voice on your phone, whatever is easiest for you.

## Step 3: Take a Test Drive

Let's get started! Pick a 2-3 items from your heritage collection and start documenting your history!

- Take one item at a time and photograph it.
- Use the Photo Memories worksheet as a guide and record your memories about it.
- Repeat the process with a few more items.
- Share your results! Send your photos and notes to Les Fruits de Mer on Facebook or upload them to our Dropbox. Tell us whether you want to share your memory, or if you just want us to store a copy for safekeeping.
- If you don't have a personal heritage collection, look for a photo that brings memories at: <http://image.amusuemnaturalis.com>

Facebook: <https://www.facebook.com/lesfruitsdemer/>

Dropbox: <https://www.dropbox.com/request/8ysN6wws8qxFy1Lsld0B>

# Photo Memories Worksheet

Pick a photo and make a digital copy by scanning or photographing it. Write your memories on this page, in a notebook or record yourself speaking.

Memory by: \_\_\_\_\_ (your name)

Memory date: \_\_\_\_\_ (today's date)

## Describe the Photo Itself

Is it color? Black and white? What condition is it in? When is it from? Who took the photo? How did you get the photo? Was it a professional photo or a casual snapshot?

## Describe What's in the Photo

What people are in the photo? What objects are in the photo? What can you tell about the surroundings in the photo? Was this a special occasion?

## Describe What the Photo Means to You

What memories does this photo bring up? What was your relationship with the people or places in the photo? Are you in the photo or were you at the event? What are your personal memories of it? What memories do you have of objects or clothing you see in the photo? If the photo is from before your time, what stories have you heard about the era captured in the photo? Who did you hear these stories from?